

## Make a difference

### What will your legacy be?

Leaving a gift in your will, no matter the size is a great way to support something you care about and make a real impact.

Once you've taken care of your loved ones, a gift to North Kent Mind can help improve mental health services for people right here in the community.

Your generosity can make a huge difference, and even save lives!

## How do legacies work?

Leaving a gift in your will whether money, property, or belongings is a powerful way to help.

The good news? Gifts to charity are tax-free, so every penny goes directly to supporting mental health in our community.

If you're thinking about it, it's a great idea to chat with a solicitor or advisor to get everything set up right.



## North Kent Mind Services:

### Wellbeing Services:

A range of open sessions, activity sessions, Coping with Life courses, self-development, support groups, mindfulness

### Children and Young Person's Services:

We offer early intervention and therapeutic services for young people in and out of school to raise mental health awareness, boost wellbeing, and build resilience.

### Counselling and Therapy Services:

We offer two counselling options: affordable sessions at £15 (up to 2 years) and Fast Track at £45 per in-person session or £40 online. We also run a 6-week anger management course for £150.

### Employment Services and Money Guidance:

Our employment services help people access work, training, or volunteering, while our money guiders assist with financial concerns.

### Housing Services:

A service consisted of supported housing properties offering short-term tenancies, as well as rough sleeper support projects.

### Training Services:

Our Mental Health Training equips professionals, parents, carers, and organisations with practical skills and knowledge to understand and support mental wellbeing across diverse settings.

### North Kent Mind

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Registered in England Company No. 5093370.  
Registered Charity No. 1103790  
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## Leaving a Legacy





## Our promise to you!

- ✓ Use your gift carefully and respectfully so it creates the most impact for people with mental health issues.
- ✓ Respect your right to privacy and understand you have the right to change your mind.
- ✓ Understand that your family and loved ones come first.
- ✓ Answer questions you have, and keep you up to date with our work in the way that suits you.



## There are three different types of legacy gifts:



- Pecuniary gift – a fixed amount of money. To protect its value over time, you can link it to inflation (like the Retail Price Index).
- Specific gift – a particular item, such as a piece of jewellery, a house, or even a car. If you wish, this can be sold by the charity to support their work.
- Residuary gift – a share (or all) of what's left of your estate after other gifts and expenses are taken care of. This type of gift often has the greatest impact.

**You can also include a note in your will asking friends and family to donate to a chosen charity in your memory a meaningful way to continue your support.**

## How will legacies help North Kent Mind

**Donations including gifts in wills can help us do so much, such as:**

- Changing someone's life
- Help fund a 6 week course to build self-esteem for our children and young persons services.
- The money could be used to maintain the flats we offer with our supported housing scheme which also helps individuals start to live independently again.



## Want to contact us?

**For more information please visit our website:**

**[northkentmind.co.uk](http://northkentmind.co.uk)**

**If you'd like to get in touch, please email:**

**[admin@northkentmind.co.uk](mailto:admin@northkentmind.co.uk)**

**or call: 01322 291380**