



Living at our accommodation

We offer short-hold tenancies, aiming to help tenants become independent and move to general housing within two years.

Our tenants receive up to 2 hours of low-level support per week from their support worker, either in person or remotely.

All flats are fully furnished and equipped when tenants move in. Rent is typically covered by Housing Benefits for eligible individuals, while council tax aligns with the local authority's reduction scheme. Tenants are responsible for their utility bills to encourage independent living and budgeting skills.



North Kent Mind Services:

Children and Young Person's Services:

We offer early intervention and therapeutic services for young people in and out of school to raise mental health awareness, boost wellbeing, and build resilience.

Counselling and Therapy Services:

We offer two counselling options: affordable sessions at £15 (up to 2 years) and Fast Track at £45 per in-person session or £40 online. We also run a 6-week anger management course for £150.

Employment Services and Money Guidance:

Our employment services help people access work, training, or volunteering, while our money guiders assist with financial concerns.

Development Services:

A range of services aimed to support clients with individual needs, including SUN (Service User Network) for personality disorders and our Peer Partnership Project to support those who are in crisis.

Housing Services:

A service consisted of supported housing properties offering short-term tenancies, as well as rough sleeper support projects.

Training Services:

Our Mental Health Training equips professionals, parents, carers, and organisations with practical skills and knowledge to understand and support mental wellbeing across diverse settings.

North Kent Mind

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 mind North Kent



Housing Services



Mental health related support

The service is for Kent residents aged 18+ who have a primary mental health diagnosis or need and require the support delivered by the service (low level support). People referred may have secondary needs.

We do keep waiting lists for the supported housing services, and when vacancies do occur, we will notify the Community Mental Health Teams and the other agencies who refer suitable candidates to us

Heal House Accommodation

We provide day support service for residents in this supported accommodation for rough sleepers in this area of Gravesend.

The accommodation provides safe beds for up to 10 people on short hold tenancies and 4 emergency accommodation beds. Our staff provides day support service on site for clients with complex needs from Sunday to Monday, 365 days. This project is a multi-agency initiative; we work in partnership with Serveco and Gravesham Council.

Supported Housing Services

North Kent Mind provide a supported housing services for 35 people who have experienced mental health problems and now need some support to live independently. Accommodation is provided in 6 sites in the area.

Dartford: A block of 8 self-contained flats near the town centre

Northfleet: A block of 6 self-contained flats

Gravesend: A large house converted into 5 self-contained studio flats, 3 self-contained flats within one house and one block of 7 self-contained flats

Swanley: 6 self-contained flats within one house

Aims of Supported Housing

- Support mental health recovery.
- Work with external professionals for holistic care.
- Promote independent living skills.
- Empower tenants to reach their goals.
- Improve quality of life.
- Encourage social inclusion.

How to access our housing services

To access our Housing services, you may be referred by a professional or self-refer. The referral can be made via our website.

If you have difficulty accessing the referral form online, please contact our office and a referral pack will be sent through the post.

Once completed, submit to supportedhousing@northkentmind.co.uk



Want to contact us?

For more information please visit our website:

northkentmind.co.uk

If you'd like to get in touch, please email:

admin@northkentmind.co.uk

or call: 01322 291380