

**For more information,
please either**

Call us

01322 291380

Email us

admin@northkentmind.co.uk

Visit our website

www.northkentmind.co.uk

North Kent Mind operates in Dartford, Gravesham and Swanley, and throughout the Medway area.

We are committed to continuously improving our services through quality review and service user feedback.



North Kent Mind's other services

Wellbeing Services

A range of open sessions, activity sessions, coping with life courses, self-development, support groups, mindfulness courses, recovery groups.

Employment Services and Money Guidance

Our employment services support people into employment, volunteering or training. Our money guiders support those with money concerns.

Counselling and Therapy Services

Two services available; Affordable counselling with a 2 year cap, where fees are £15.00 per session. Or Fast Track counselling where fees are £40 for an online session and £45 for an in person session. We also provide anger management courses running over 6 weeks with a fee of £150.

Children and Young Person's Service

A diverse range of services aimed at young people in and out of schools to provide mental health awareness and improving wellbeing

Housing Services

A service consisted of supported housing properties offering short-term tenancies.

Training Services

Mental health training

North Kent Mind

The Almshouses | 20 West Hill, Dartford | DA1 2EP

admin@northkentmind.co.uk

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Affiliated Local Association Registered Charity No. 1103790

2024

 **mind**
North Kent

Membership

Become a member of
North Kent Mind

JOIN US

01322 291380

www.northkentmind.co.uk



Why should I become a member?

North Kent Mind is a membership organisation. It needs to have members in order to continue to function within its legal constitution. Anybody can apply to be a member, except for paid members of staff. Only members are allowed to stand for election as a trustee.

All members are invited to the Annual General Meeting (AGM) and, where possible, North Kent Mind would try to sort out any issues of transport for these members. At the AGM, members get the right to a vote on key proposals including the election of the trustees onto the North Kent Mind board.

By registering as a member you are helping to support the important work we do.

Sometimes organisations thinking

of funding charities like to know that they have a strong membership base.



How much does it cost?

Membership is free and, although some people like to make a donation on joining, this is entirely voluntary.

Membership is renewable annually. By being a member of North Kent Mind you will become part of the decision making process and have an influence upon the organisation and its board.

Members also receive information and organisational updates from us via email.

How do I become a member?

To become a member of North Kent Mind you will need to complete a membership form online, through our website

www.northkentmind.co.uk

We need your written consent to store your contact details electronically. We will not retain your contact information if you do not renew your membership.

When you sign up to become a member, you will automatically be subscribed to our monthly newsletter but you can unsubscribe from this at anytime.

If you are a brand new member you can also request a membership card and will receive a token gift as a thank you from us.

