

How do I access all Housing Services?

In order to access these services, individuals must be referred by a professional. The professional can contact North Kent Mind and request the referral form or it can be downloaded from our website. Once the application pack has been completed, it will need to be submitted by the professional to Porchlight through the Central Referral System: livewellkentHRS@porchlight.org.uk

There is also an eligibility criteria for these services, so please see our website or contact us to find out more.

Contact us

If you would like more information or wish to access these services please either

Call us:

01322 291380

Visit our website:

<https://northkentmind.co.uk/supported-housing>

Email:

supportedhousing@northkentmind.co.uk

North Kent Mind's other services

Wellbeing Services:

A range of open sessions, activity sessions, coping with life courses, self-development, support groups, mindfulness courses, recovery groups.

NHS Talking Therapies (IAPT)

Talking therapies provided on behalf of the NHS: counselling, CBT, psycho-education, guided self-help, and group work.

Fee-paying Counselling

Individual counselling with a 2 year cap. Fees from £15.00 per session. As well as anger management courses running over 6 weeks with a fee of £150.

Employment Services

A range of services to support people into employment, volunteering or training.

Children and Young Persons' service

A diverse range of services aimed at young people in and out of schools to provide mental health awareness and improving resilience.

Training Services

Mental health training.

North Kent Mind

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Dartford, Gravesham
and Swanley

 **mind**
North Kent
Housing Services



01322 291380

northkentmind.co.uk



Supported housing service

North Kent Mind provide a supported housing service for 27 people who have experienced mental health problems and now need some support to live independently. Accommodation is provided in 5 sites in the area.

- Dartford a block of 8 self-contained flats near the town centre.
- Northfleet a block of 6 self-contained flats.
- Gravesend a large house converted into 5 self-contained studio flats, and also 2 self-contained flats within one house.
- Swanley 6 self-contained flats within one house.

Most of the schemes also contain a communal room where tenants can meet together if they wish. All the flats are for single people.

The aims of supported housing

- Support individuals on their mental health recovery process
- Liaise with external professionals & agencies to work in partnership to support our tenants holistically
- Promote our service users independent living skills
- Empower people to achieve their goals

- Support & assist improving our tenant's quality of life
- Promote social inclusion of people struggling with enduring mental health conditions

Living in North Kent Mind accommodation

We offer short-hold tenancies, meaning tenants living within them are expected to become independent enough to move on to general housing within two years.

Our tenants receive low level of support, which means they will have around 2 hours 1-2-1 support from their allocated support worker per week. The support we provide could be in person or remotely.

All flats are fully furnished and equipped when a tenant moves in. Rent payments are normally covered by Housing Benefits if the individual is eligible to claim them. Council tax will be in line with the local authority's council tax reduction scheme. Tenants pay their own utility bills to encourage independent living.



Mental health related support

Service eligibility criteria

The service is for Kent residents aged 18+ who have a primary mental health diagnosis or need and require the support delivered by the service (low level support). People referred may have secondary needs.

We do not keep waiting lists for the supported housing services, but when vacancies do occur, we notify Porchlight (Live Well Kent) and also inform the Community Mental Health Teams and other agencies who refer suitable candidates to us.



Wrotham Road accommodation

North Kent Mind provides the day support service of residents in this supported accommodation for rough sleepers in the area of Gravesend.

The accommodation provides safe beds for up to 10 people on short hold tenancies and 4 emergency accommodation beds. NKM staff provides the day support service on site for clients with complex needs Monday to Sunday, 365 days a year. This project is a multiagency initiative; we work in partnership with Serveco and Gravesham Council.