

North Kent Mind operates in Dartford, Gravesham and Swanley, and throughout the Medway area. We are committed to continuously improve our services through quality review and service user feedback.



## Become a member of North Kent Mind

### Call us

01322 291380

### Email

admin@northkentmind.co.uk

### Website

www.northkentmind.co.uk

## North Kent Mind's other services

### Wellbeing Services

A range of open sessions, activity sessions, coping with life courses, self-development, support groups, mindfulness courses, recovery groups.

### NHS Talking Therapies (IAPT)

Talking therapies provided on behalf of the NHS: Counselling, CBT, Psycho-education, Guided Self-Help, and Group Work.

### Fee-paying Counselling

Individual counselling with a 2 year cap. Fees from £15.00 per session. As well as anger management Courses running over 6 weeks with a fee of £150.

### Employment Services

A range of services to support people into employment, volunteering or training.

### Housing Services

A service consisted of supported housing properties offering short-term tenancies, as well as rough sleeper support projects.

### Children and Young Persons' service

A diverse range of services aimed at young people in and out of schools to provide mental health awareness and improving resilience .

### Training Services

Mental health training.

### North Kent Mind

The Almshouses | 20 West Hill, Dartford | DA1 2EP

admin@northkentmind.co.uk

Registered in England Company No. 5093370. Limited by Guarantee.

Affiliated Local Association Registered Charity No. 1103790

July 2023

Apply now for  
membership

mind  
North Kent

Join us!

Become a member of  
North Kent Mind



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northkentmind.co.uk



## Why should I become a member?

North Kent Mind is a membership organisation. It needs to have members in order to continue to function within its legal constitution. Anybody can apply to be a member, except for paid members of staff. only members are allowed to stand for election as a trustee.

All members are invited to the Annual General Meeting (AGM) and, where possible, North Kent Mind would try to sort out any issues of transport for these members. At the AGM, members get the right to a vote on key proposals including the election of the trustees onto the North Kent Mind board.

By registering as a member you are helping to support the important work we do.

Sometimes organisations thinking of funding charities like to know that they have a strong membership too.



## How much does it cost?

Membership is free, and although some people like to make a donation on joining, this is entirely voluntary.

Membership is renewable annually.

By being a member of North Kent Mind you will become part of the decision making process and have an influence upon the organisation and its board.

Members also receive information and organisational updates from us via email.

## How do I become a member?

There are several ways to become a member;

- join us by calling us
- email your request and details to us
- fill out the form opposite and post it or hand it in to us
- join via our website

We will need to obtain your written consent to store your contact details either on paper or electronically. We will not retain your contact information if you do not renew your membership.

## Membership Application

Please return to;

North Kent Mind, The Almshouses, 20 West Hill, Dartford, Kent, DA1 2EP

Name

Address

Phone Number

Email

I would like to make a donation of £  
(please make cheques payable to **North Kent Mind**)

I consent to my information being stored by North Kent Mind for the duration of my membership

Yes/No. (delete as applicable)