

Contact Information



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**Psychedelic clinical
trial for Treatment
Resistant Depression**



WHY ARE WE DOING THE STUDY

STUDY CODE: 22-507 - TRD

We are looking for people with a diagnosis of Treatment Resistant Depression (TRD) i.e depression that has not responded to two or more medications, aged 18 to 75 to take part in a trial using 5-MEO-DMT.

5-MEO-DMT is a 'psychedelic' drug, used both recreationally and in ceremonial settings due to its psychoactive properties.

It is one of several controlled substances currently being investigated for their potential therapeutic properties.

We are testing whether 5-MEO-DMT given together with psychological support is safe in patients with TRD to determine whether it is useful to investigate it further as a treatment for this condition.

5-MeO-DMT is delivered as part of a treatment package. This includes 3 psychedelic preparation sessions to prepare you for receiving the study drug, one 4 hour plus stay at HMR on the day you receive the study drug (via a nasal spray), and 3 integration sessions to discuss your experience of receiving the drug. This will be followed by a further 5 follow-up visits. You will also be assisted in discontinuing your antidepressants before the preparation sessions.

In total, there will be up to 13 study visits, several of which can be done remotely via video call. The total time in the study can be up to 20 weeks. This could be shorter depending on how long it takes for you to safely discontinue your antidepressant before preparation can begin. If you are someone who has a diagnosis of TRD and are willing/able to discontinue your antidepressant medication, you might be eligible to take part in this study. You could also be eligible if you are not taking any antidepressants currently, but have tried two or more within this episode.

TO TAKE PART YOU MUST:

- have Treatment Resistant Depression (TRD)
- be aged 18 to 75

TO TAKE PART YOU MUST NOT:

- have taken any psychedelic substances in the last 6 months
- plan to take any psychedelic substances (other than the study drug) during the study
- be addicted to drugs or alcohol
- have an important mental disorder (other than TRD)

THE STUDY INVOLVES:

- 1 night's residence on our wards
- 11 outpatient visits (4 of them can be video calls)

STUDY PAYMENT:

In return, you'll receive a full medical check-up and, if you complete the study, a payment of £300 + reasonable travel expenses.