

Social Skills Schedule

Date

03/09/202

Skill



Social Skills

Seated Exercise

Running Session

Leanne

10/09/202



Wellbeing Morning

Thalia

17/09/202



Quiz Morning

Leanne

24/09/202



Coffee Morning

Thalia



Be Active



Connect



Take Notice



Give



Keep Learning



Grow your World

We run social skills via zoom
Every Saturday 10am-12am
Please register to join