

Place of Welcome



If you are struggling with your mental health and would like to get some support, then we are here to help **you**.

North Kent Mind will be at

St Augustine's Church's Place of Welcome on
Wednesday 11th May.

The address is 192 Rock Avenue, Gillingham, ME7 5PW.

Please come along between **9-11am** and speak to a member of staff.

For more information, please email
wellbeing@northkentmind.co.uk

For better mental health.

<https://northkentmind.co.uk/>

01322 291380