**IAPT Programme for Trainee High Intensity CBT Therapists**

**Job reference:**

Employer: Kent IAPT providers:

* Dover Counselling Centre
* FCS Talking Therapies Faversham
* Insight IAPT Kent and Medway
* North Kent Mind
* University Medical Centre
* We Are With You (locations in West Kent and East Kent)

Department: Improving Access to Psychological Therapies

Location: Kent

Salary: Salary Range - £25,194 to £31,600

Job type: Permanent (please see individual provider information)

Working pattern: 37.5 hours per week (including teaching days)

Job Description & Person Specification – please see individual provider websites for information

Dover Counselling Centre – Please e-mail [admin@dovercc.org.uk](mailto:admin@dovercc.org.uk) for information

FCS Talking Therapies Faversham - [https://fcstalkingtherapies.org/](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Ffcstalkingtherapies.org%2F&data=04%7C01%7Cclaire.fullalove%40canterbury.ac.uk%7C263a89ba998e42658b9608d874eb20fa%7C0320b2da22dd4dab8c216e644ba14f13%7C0%7C1%7C637387900508033782%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=9sOz%2BnqEMMk5k1kl1PJGP%2B1denDCoEoK4ouqr6mRijo%3D&reserved=0)

Insight IAPT Kent & Medway - [https://www.insighthealthcare.org/work-for-us/vacancies/](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.insighthealthcare.org%2Fwork-for-us%2Fvacancies%2F&data=02%7C01%7Cclaire.fullalove%40canterbury.ac.uk%7C498c533c8659467b409c08d76ddb0f40%7C0320b2da22dd4dab8c216e644ba14f13%7C0%7C0%7C637098659942649408&sdata=ckB2hR3e7PMTvXUo9hGfsfuNOJnxxl2E1%2BhM1B0580E%3D&reserved=0)

North Kent Mind - [http://northkentmind.co.uk/staff-vacancies/](https://eur01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fnorthkentmind.co.uk%2Fstaff-vacancies%2F&data=02%7C01%7Cclaire.fullalove%40canterbury.ac.uk%7Cbfee086dc1b34b7bed2008d76f4f983d%7C0320b2da22dd4dab8c216e644ba14f13%7C0%7C0%7C637100259959243550&sdata=r7tXREFyw2VSsvqf5%2FNnRvyyTcQkl6eqaosVMNQRmmc%3D&reserved=0)

University Medical Centre - [http://www.umcpt.co.uk](https://eur01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.umcpt.co.uk&data=02%7C01%7Cclaire.fullalove%40canterbury.ac.uk%7C446480a0f06646879e8208d76f5f8bc6%7C0320b2da22dd4dab8c216e644ba14f13%7C0%7C0%7C637100328656692274&sdata=fgHHFVer9dJBYiswauLuJC5qnpwjQu33XYBPs536D3Q%3D&reserved=0)​

We Are With You (locations in West Kent and East Kent) - [www.wearewithyou.org.uk](https://eur01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.wearewithyou.org.uk%2F&data=04%7C01%7Cclaire.fullalove%40canterbury.ac.uk%7C041051f8cb6846ec21c708d874d7cd32%7C0320b2da22dd4dab8c216e644ba14f13%7C0%7C0%7C637387817497346821%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=F%2FI4QBk2dwMrxC1PePkmF1Ycfn6ISJlZwfi1RrPVCZ8%3D&reserved=0)

Closing date: 19th November 2021

Are you an experienced mental health or social care worker with a recognised professional qualification working in a mental health setting? Have you considered training in cognitive behavioural therapy (CBT)?

Canterbury Christ Church University in partnership with Psychological service providers across Kent and Sussex are looking to recruit CBT High Intensity Trainee Therapists as part of the Improving Access to Psychological Therapy programme. Successful candidates will be trained by the University, 2 days per week, to deliver evidence-based psychological therapies for people with anxiety and depression. Trainees will be employed by a local IAPT service base during training, where they will deliver treatments on the other 3 days per week. Once qualified they would be expected to continue there on a permanent contract if this is available within the IAPT service.

Candidates applying here will be applying for the one year full-time Postgraduate Diploma in Psychological Therapies (CBT) based at Canterbury Christ Church University, Tunbridge Wells campus at the Salomons Institute for Applied Psychology. Further information about the programme can be found on the Canterbury Christ Church University website.

Successful candidates for the training programme will work within one of the following services: Dover Counselling Centre, FCS Talking Therapies, Insight IAPT Kent and Medway, North Kent Mind, University Medical Centre (Canterbury), We Are With You (West Kent) or We Are With You (East Kent). This may be at the service base or on-line. Two days of teaching by experts in the field will be expected to be delivered at the University in Tunbridge Wells.

Please see the respective websites for the IAPT service providers for details on salary, contract term and locations, which may differ slightly between services.

Entry Requirements:

(a)  A professional qualification recognised as a 'Core Profession' by BABCP such as Mental Health Nursing, Clinical Psychology, Social Work, Occupational Therapy, or an accredited Counselling qualification. A full list of recognised Core Professions is available [here](https://www.babcp.com/Accreditation/Provisional-Accreditation/Core-Professions).

OR

(b) Demonstrate, through the BABCP’s 'Knowledge, Skills and Attitudes (KSA)' application, that they have the required core training and competence for the delivery of a psychological therapy within an ethical framework.

WITH

(c) A good honours degree in any subject OR Provide evidence of ability to study successfully at Postgraduate level.

PLUS

(d) Work Experience. If you work, or have worked, in one of the ‘Core Professions’, you must have done so for at least 12 months post-qualification. If you are taking the KSA route, you will need ***a minimum*** of 2 years’ Full Time Equivalent experience working within a mental health setting.

Proficiency in English

Currently the minimum requirements are a score of 7.0 for IELTS with no element below a score of 6.5, or 100 for internet-based TOEFL, 250 for computer-based TOEFL or 600 for paper-based TOEFL. More information on this can be found [here](http://www.ets.org/toefl).

If you have successfully completed a degree at a UK university, this will also be taken as sufficient indication of English language proficiency.

**Eligibility for this training post:**

Candidates should have a ***BABCP recognised core professional training*** and provide qualification and registration documents as proof at interview. These professions include:

* **Registered Nurse - Mental Health (RMN**), Learning Disability (General Nursing and enrolled nursing is insufficient)
* **Medicine** – Psychiatric and General Practitioner MBChB or MBBS and usually PG training with membership of MRCGP, MRCP or MRCPsych
* **Occupational Therapy** - BSc (Hons) Occupational Therapy, MSc Occupational Therapy, or Dip C.O.T and HPC Registered
* **Arts Therapist** (HCPC Registered)
* **Counselling** – Accredited with the BACP, IACP, COSCA, UKCP, or FDAP (NCAC)
* **Social Work** - CQSW, DipSW, MA Social Work or BA/BSc Hons Social Work. Registered with one of four UK regulators - Social Work England (SWE), Social Care Wales (SCW), Northern Ireland Social CareCouncil (NISCC) and Scottish Social Services Council (SSSC)
* **Psychotherapy/ Psychotherapeutic Counselling** - UKCP Registration
* **Postgraduate Doctorate in Clinical/Counselling Psychology** - accredited by the British Psychological Society and HCPC Registered as Practitioner Psychologist
* **Educational Psychology** - Doctorate or QEPS - must have BPS Chartership (CPsychol) and HCPC Registration as Practitioner Psychologist
* **Health Psychology** - QHP stage 2 - must have BPS Chartership (CPsychol) and HCPC Registration as Practitioner Psychologist
* **Forensic Psychology -** QFP stage 2 - must have BPS Chartership (CPsychol) and HCPC Registration as Practitioner Psychologist

Applicants without a core profession (such as Psychological Wellbeing Practitioners or Counsellors without UKCP or BACP accreditation) must be able to demonstrate they have met the KSA criteria by completion of a KSA portfolio ***prior to interview*** (see BABCP website for more information).

Applicants from other specified health and social care professional backgrounds, which are not included as ‘Core Professions’, will be entitled to complete a Condensed KSA portfolio. Please see further details of relevant qualifications and requirements here <https://babcp.com/Accreditation/Provisional-Accreditation/Knowledge-Skills-and-Attitudes/Professions-eligible-for-Condensed-KSA-Portfolios>

*Please note that applications from Psychological Wellbeing Practitioners must demonstrate at least two years post-graduate experience. We support the fair chance initiative for applicants without IAPT experience.*

Please be aware that by applying for this position, your application information will be shared between the education provider (Canterbury Christ Church University) and the Kent based IAPT service providers in the region. **If you are shortlisted** you will be sent some information about the services listed above. You will be encouraged to read this carefully, and to also carry out your own research. On the basis of this, you will then be asked to indicate your 1st, 2nd and 3rd preference for the service you wish to apply to be employed in or to indicate if you have no preference. You will then be allocated an interview with one of the services, taking into account your preference. Please note that putting down a provider as 1st choice will not guarantee allocation to that provider even if you are allocated a place on the course.

**The closing date for applications is Friday 19th November**

**Interviews will be conducted in partnership with the IAPT Service Providers and Canterbury Christ Church University. Applicants must be able to attend an interview that will take place using an online platform on one of the following dates – 13th, 14th and 15th December. You will be allocated a scheduled interview time and this will be e-mailed to you.**

**The successful applicants will need to be available to start employment by the 21st March 2022 with University starting on 4th April 2022**