## **The Listening Ear**

When you're at your lowest

And you don't know what to do

Just let me take you by the hand

And let us talk things through

I'm here to talk you through your worries

And see what they reveal

And help you find an answer

That I hope will help you heal

I'll talk you through your problems

Whether you're a she or he

And listen with attentiveness

For that's a vital key

I promise not to judge you

For that is not my role

But hope you find an inner peace

To ease your troubled soul

A problem shared is one that's halved

Unburdening your mind

I'll try to show you ways

To leave your sadness far behind

It helps to talk to someone
When we need a helping hand
Someone who's supportive,
who can really understand

So please don't feel you're on your own

For you I am always here

Where you will find the greatest comfort

From the listening ear.

By Elizabeth