

INTERNATIONAL MEN'S DAY PEER SUPPORT SESSION



As part of our celebration of International Men's day, we will be launching our online peer support session on the 19th October. The session will provide a safe space (via Zoom) to connect with others through conversation, mindful activities and shared interests.

ONLINE - VIA ZOOM
Thursday 19th October: 6.00pm-7.30pm

For further information, please contact:

NORTH KENT MIND

01322 291380

admin@northkentmind.co.uk

(online registration is available via www.northkentmind.co.uk)



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