

Referring someone to us

We are able to accept referrals from health & social care professionals and voluntary sector organisations.

If you are interested in services in West Kent (including, Sevenoaks, Tunbridge Wells, Tonbridge & Malling & Maidstone), Canterbury and Coastal, and Ashford then please email:

livewellkentreferrals@shaw-trust.org.uk

For services in Thanet, South Kent Coast (Folkestone & Dover), Swale, and Dartford, Gravesham & Swanley, then please email:

livewellkentHRS@porchlight.org.uk

We will then send you a referral form.

When someone is referred to us, we will assess their needs to make sure the service is the right one for them.

In some cases, additional information may be requested before the referral can be considered by the mental health housing related support service panel.

About Live Well Kent

Live Well Kent is delivered by Porchlight and Shaw Trust on behalf of Kent County Council and the NHS.

Live Well Kent helps people to improve their mental and physical wellbeing. It is a free service for adults.

www.livewellkent.org.uk

Porchlight is registered charity no 267116

Shaw Trust is registered charity no 287785



Live well Kent
Community wellbeing

**Mental health housing
related support**



About the mental health housing related support service

If someone is experiencing mental health issues, it can impact their ability to live independently.

We help people to manage their mental health so that they can have a more independent life (or live with reduced support).

This service is part of Live Well Kent, a network of mental health and wellbeing organisations working together to support people across the county.

Who the service is for

We work with people in Kent aged 18+ who have a mental health diagnosis.

People may also have secondary needs related to substance misuse, a learning disability, physical disability, sensory impairment, or a health & social care-related issue.

If someone is referred to us, they must be committed to following a recovery-focused support plan and working with staff towards a more independent living situation.

They should not be in an acute or crisis state of mental ill health at the time of being referred to us.

How the service works

If someone is struggling, we can provide them with housing and mental health support.

This supported housing is located across Kent, and the types of housing and support can vary depending on a person's needs.

People can be housed in self-contained flats or private rooms within shared accommodation.

Support can vary from 3 to 12 hours a week and focuses on:

- Managing mental health
- Managing a tenancy
- Independent living skills
- Managing money and budgeting
- Helping people become part of the community
- Accessing community support
- Getting into volunteering, training or work

We work alongside other support services in the Live Well Kent network, health & social care professionals and the voluntary sector, meaning that people can get help with everything they are going through.

