

Help to Care



Supporting everyone who provides care

Do you provide care for somebody living in Kent and Medway?

Whether you're a paid worker, looking after a loved one, or volunteering to help someone else, you have a valuable role supporting the health and wellbeing of the people you care for.

Help to Care is a free mobile app designed to help you to spot the signs of a problem and find the right information and advice if you are worried about someone.



Download for free today

