**PREPARING FOR WORK COURSE**

**SESSION 5: TEAMWORK**

Session Breakdown: Importance of Teamwork in the Workplace

Different Roles within a Team

Working Together as a Team

**CHECK IN**

**ICEBREAKER**

Select from options

**IMPORTANCE OF TEAMWORK IN THE WORKPLACE**

* Why is Teamwork important in the workplace? What makes a good team player? Discuss within the group

**DIFFERENT ROLES WITHIN A TEAM**

* Discuss the fact that teams are all made up of people who perform different roles. For example a sports team – what would happen if a football player hogged the ball all the time; or he stood on the sidelines waiting for it to be passed to him? Or if a team was made up entirely of strikers, or keepers? It takes all different types, and everyone playing their part, to make an efficient and winning team
* Activity: How many shapes does it take??
* Feedback – What Shape Are You? Read descriptions

**WORKING TOGETHER AS A TEAM**

* Team Activity – Quotes – get teams to put together the jumbled words to make cohesive sentences relating to teamwork
* Employers rate the ability to be a team player as one of the most important qualities they look for. Discuss why it is so important

**TEAM ACTIVITY**

Select from:

* Marshmallows and Spaghetti (supply marshmallows and spaghetti and read instructions, set time)
* Survival Exercise (read situation, give **handouts to work through**, time each section and talk through scoring). Point is to realise that team has more chance of survival than individual - unless your name is Bear Grylls!!!)

*With both these activities time is an added pressure and can test the team dynamics*

Discuss the importance of working as a team to complete the task. Did a leader emerge if you didn’t appoint one? What would happen if one person did not participate? etc

**CHECK OUT**