

The Friendship Group



The Friendship group provides support for individuals with mental health issues the opportunity to socialise, relax and participate in therapeutic activities, such as arts and crafts. The sessions are held on Saturdays and are run in a friendly and welcoming environment (room via Peter Blake Gallery, Dartford Library).

DARTFORD LIBRARY
SATURDAY MORNINGS 10:30-12:30

For further information, just pop in or contact:

NORTH KENT MIND

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