

Preparing for Work

Are you unemployed and have mental health issues?
Would you be interested in improving your skills and learning
new ones to help you find volunteering or employment?



North Kent Mind are holding a free 10 week course
for people living in Dartford, Gravesend or
Swanley areas.

If you are interested in attending please contact:
suecarter@northkentmind.co.uk or 01322 291380

