

Open Activities



Open Sessions/Activity Sessions

These run at the following times and venues:

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|-----------------------|--------------------------|------------------|-----------|-------------|
| Mondays 11.30-1.30 | Riverside Centre | Dickens Road | Gravesend | DA12 2JY |
| Tuesdays 11.00-2.00 | Methodist Church Hall | 43 Spital Street | Dartford | DA12DX |
| Wednesdays 11.00-2.00 | White Oak Leisure Centre | Hilda May Avenue | Swanley | BR87BT |

To access open sessions, just turn up during a session or contact us

Phone: 01322 291380

Email: admin@northkentmind.co.uk