

Preparing for Work

**Are you unemployed and have mental health issues?
Would you be interested in improving your skills and learning
new ones to help you find volunteering or employment?**



**North Kent Mind are holding a free 10 week course for people
living in Dartford, Gravesend or Swanley areas.**

**Every Wednesday afternoon from 13th March 2019 until 15th May
2019 2:00—4:00pm**

at Orchard House, 31 Orchard Street, Dartford, DA1 2HH

**If you are interested in attending please contact:
suecarter@northkentmind.co.uk or 01322 291380**

