

Preparing for Work

**Are you unemployed and have mental health issues?
Would you be interested in improving your skills and learning
new ones to help you find volunteering or employment?**



**North Kent Mind are holding a free 10 week course for people
living in Dartford, Gravesend or Swanley areas.**

**Every Wednesday afternoon from 7th November 2018 until 23rd
January 2019 2:00—4:00pm**

at Dartford Job Centre Plus, 61 Lowfield Street, Dartford DA1 1 JY

If you are interested in attending please contact:

suecarter@northkentmind.co.uk or 01322 291380

