

Preparing for Work

**Are you unemployed and have mental health issues?
Would you be interested in improving your skills and learning
new ones to help you find volunteering or employment?**



North Kent Mind are holding a free 10 week course for people living in Dartford, Gravesend or Swanley areas.

9/4/18 from 2.30pm to 14.30pm, then each Monday until 25/06/18.

at Dartford Job Centre Plus, 61 Lowfield Street, Dartford DA1 1 JY

If you are interested in attending please contact:

suecarter@northkentmind.co.uk or 01322 291380

