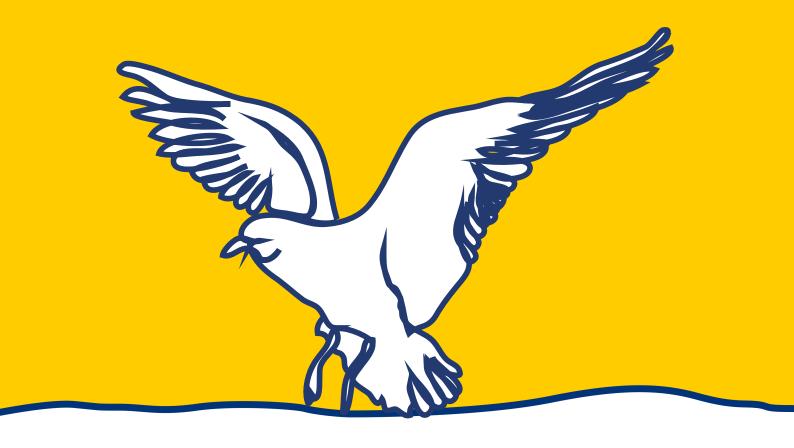
## Springboard

Supporting you in your pursuit of voluntary work, paid employment or vocational training



Springboard is a service run by Dartford, Gravesham and Swanley Mind, which supports people with mental health problems to work actively towards their recovery by supporting them in finding voluntary work, paid employment or vocational training.

Contact suecarter@northkentmind,co.uk 01322 291380

