

Preparing for Work

**Are you unemployed and have mental health issues?
Would you be interested in improving your skills and learning
new ones to help you find volunteering or employment?**



**North Kent Mind are holding a free 10 week course for people
living in the Gravesend area.**

12/7/18 from 13.30 to 15.30pm, then each Thursday until 13/9/18.

**at Asda Community Room Gravesend Superstore—Thames Way,
Gravesend, Kent DA11 0DQ**

If you are interested in attending please contact:

suecarter@northkentmind.co.uk or 01322 291380

